



LEONARD CURTIS



NORTHERN CC

DEVELOPMENT FRAMEWORK

"The Northern Way"





OUR VALUES

...COMMITMENT

At The Northern Club we are committed as players and as coaches. We give 100% in training and in matches, and will always support each other.

...HONESTY

Throughout our pathway, we will always be transparent with each other, whether by developing our youngsters, or supporting one another as adult cricketers. Honesty supports progression.

...RESPECT

Our most important value, regardless of age or level of ability. Cricket at The Northern Club must always be played with respect for each other, and for our opposition.

COMMITMENT | HONESTY | RESPECT

BATTING

- Alignment. Balance. Play late
- Combat moving ball
- Combat spinning ball
- Mental process

WICKET KEEPING

- Cover Ground
- Stand up to spin & seam
- Bring ball back to stumps
- Lead the fielding side

BOWLING

- Alignment to the target
- Move the ball
- Offer variations
- Challenge the stumps

PHYSICAL

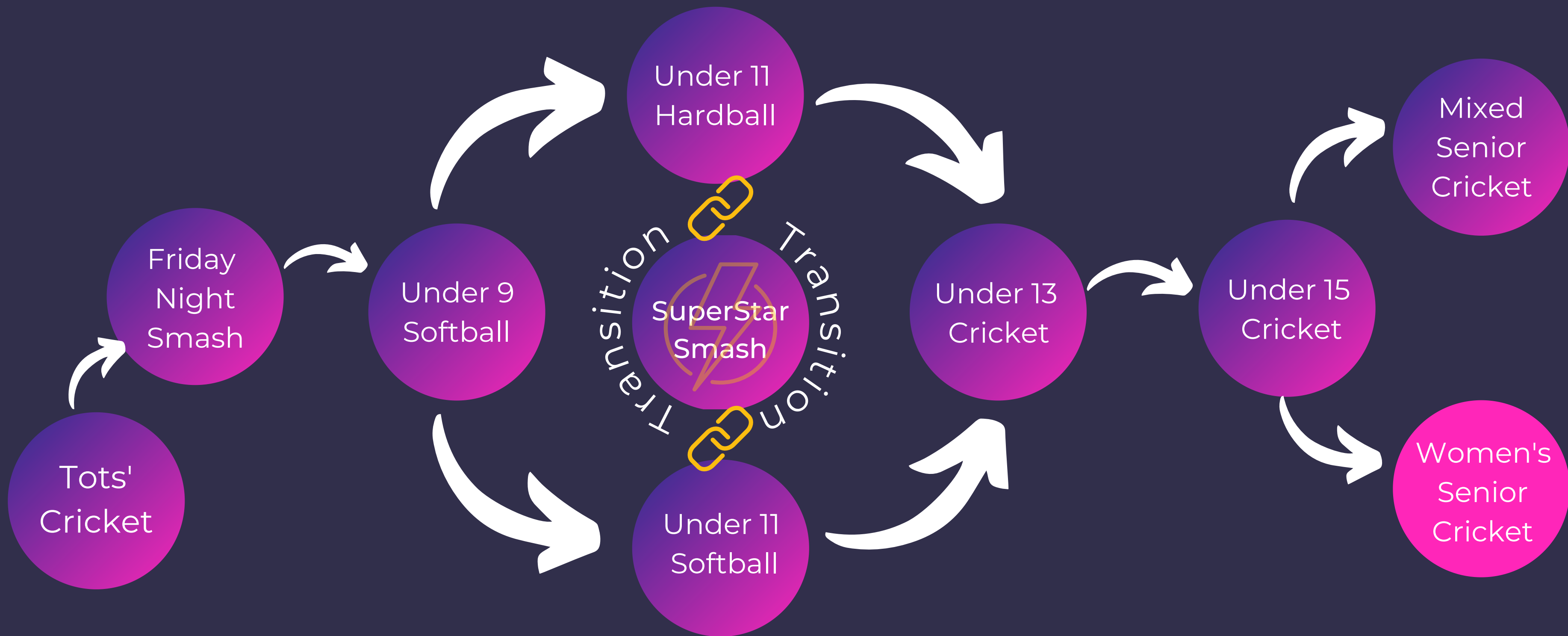
- Be able to sprint
- Be able to change direction
- Turn efficiently between wickets
- Deliver skills over long periods of time

FIELDING

- Love fielding - Be involved
- Attack the ball - Cut the angle
- Effective pick-up
- Alignment to target
- Catch in different positions

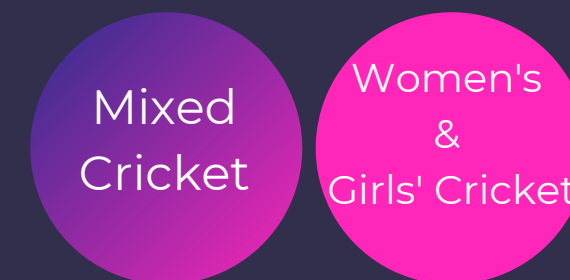
MENTAL

- Love playing
- Strive to improve
- Commit to your decisions
- Play for the badge



"Our Cricketing philosophy is to inspire all boys and girls to love cricket and realise their potential, through fun and relevant practice."

"We pledge to support our people within all areas of the development framework, helping them to progress both as cricketers and as people."



Tots'
Cricket

Ages 3 - 5



Fun
For
Kids!



Our Tots' Cricket phase is a great way to introduce our youngsters to sport.

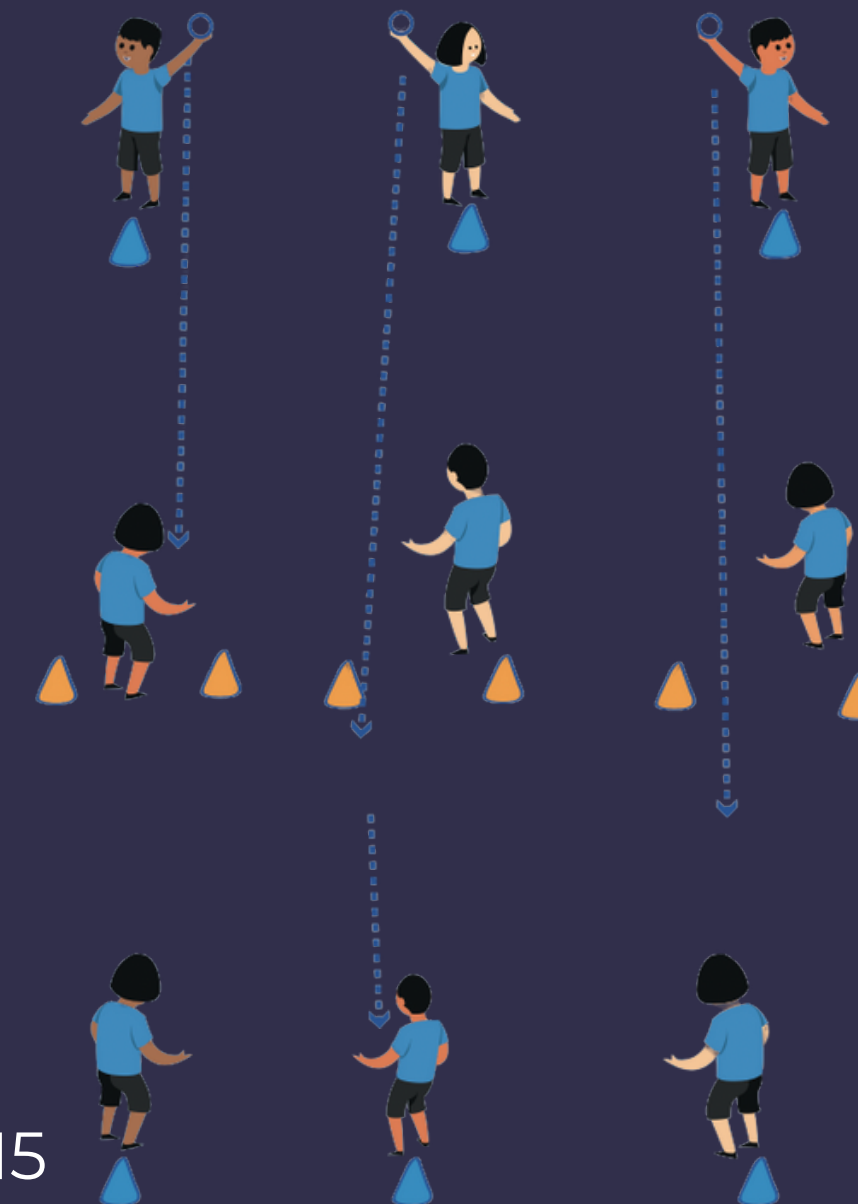
This is a short 4 week phase tailored to keep youngsters engaged, and provide them with the basics in movement, hand-eye skills and much more!

Friday
Night
Smash

Ages 5 - 8*



Our Friday Night Smash has been running for over 15 years! It is designed as a great way to get young children involved in 'hand-eye' coordinated sport. We provide our Friday Night Smash stars with a safe, fun environment in which then can learn and develop.



**extended to 11yrs to enable fun for all*

Under 9 Softball

Ages 8 - 9

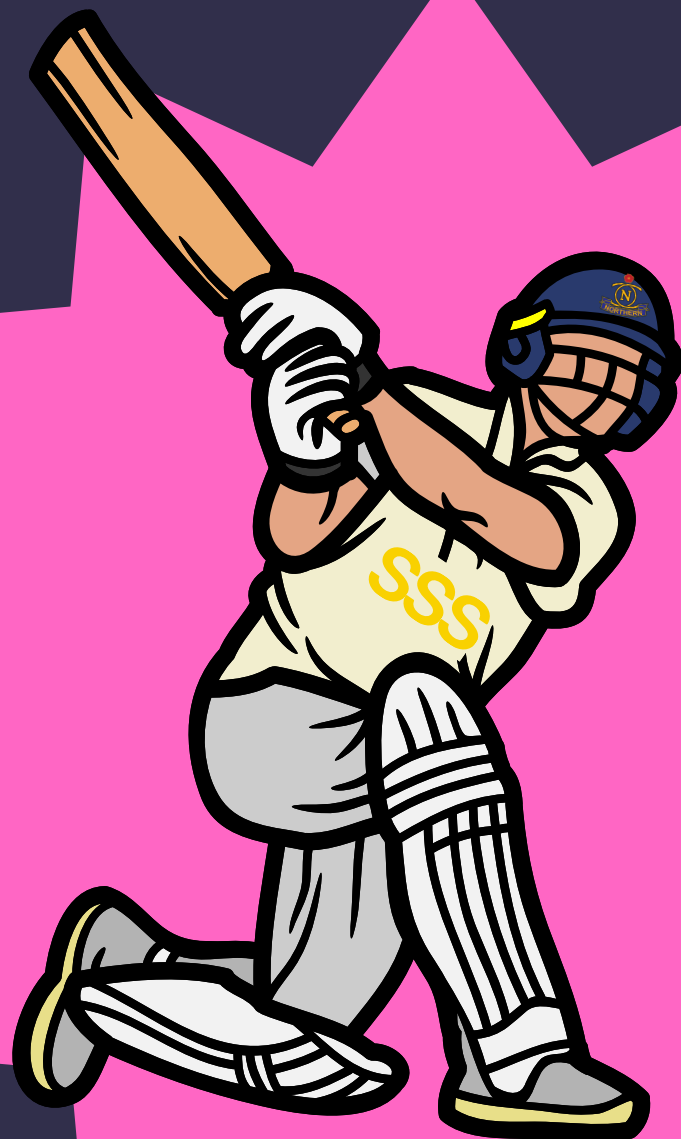


Under 9s softball continues the development of Friday Night Smash, and gives children the first opportunity to play in organised cricket matches.

Fun and development remain at the forefront of this phase and we aim to equip children with the basics of the game ready for Under 11 Hardball and Softball Cricket.



Ages 6 -11



SuperStar SMASH!



SuperStar Smash is our transition phase which is set up to support young cricketers transitioning from softball activities to readiness for Hardball Cricket.

Our coaches will start to introduce wooden bats for our cricketers to get used to (as well as heavier softballs.)

Transition is extremely important as it provides our cricketers with the confidence to progress with Hardball Cricket if they wish.



Under 11
Hardball

Under 11
Softball

Ages 9 - 11



This is the most important phase of development. Our Under 11s will learn to play *The Northern Way* with principles of play and habits instilled from the first team all the way through our pathway.

Our Under 11s will enter the Liverpool and District Competition (L&DCC) Under 11 Hardball League, with an additional option for Softball Cricket dependant on the level of our cricketers at this stage of their development.

Children will transition to Hardball Cricket at their own pace, and there is no rush to do so. Our SuperStar Smash offering provides children with additional support along their cricketing journey.



Under 13 Cricket

Ages 12 - 13

The Northern Way and the foundations of cricket will be further progressed and developed at this age group.

Players will begin to develop an understanding of their own game and be given directions to improve in order to successfully transition into adult cricket at the next phase of their development.

Tactics, including field setting and understanding different phases of play, will be introduced at this age group, as well as guidance around the art of captaincy.



Under 15
Cricket

Senior
Cricket

Ages 13+

Junior Cricket will continue in the Under 15, and the Under 18 teams in the L&DCC, where our cricketers will have opportunities to play with all of their peers. However, the emphasis now is to transition into one of our six adult teams and work their way up the ladder, where possible. Juniors will receive feedback from adult captains on development whilst maintaining a fun environment.

The first team, second team, 2 third teams and the fifth team all play Saturday Cricket at Northern in the an ECB accredited premier league. We also have a Sunday side which plays in a friendly league. If juniors can play according to *The Northern Way* and demonstrate good foundations, they will find themselves a regular place in one of the adult teams.



The background of the entire slide is a collage of images related to women's cricket. It features several smiling women, some in cricket uniforms (dark blue with red accents and 'ICON' branding) and helmets, and others in casual clothing. The overall tone is positive and inclusive.

Women's Cricket

At The Northern Club we support boys and girls from three years old in Tots' Cricket. We are particularly proud of our focus on inclusivity which meant that 2019 saw our first girls' team established. We now have women's teams (starting with u13s) represented in the L&DCC league for Softball, Hardball and T20 formats.

Our fully qualified female coaches work across the age groups to ensure that individuals make progress from Softball to Hardball and our teams reflect a range of experience from beginners to well-established cricketers.

Everyone is welcome at The Northern Club regardless of ability. Women and girls are provided with a safe space to practise, socialise and improve their cricket with a strong focus on teamwork and celebration of women.



The Northern Club

in partnership
Leonard Curt



The Northern Club is a proud ECB 'Disability Champion Club'.

We have partnered with our friends over at Bridge Inn Community Farm, Formby to provide free cricket sessions throughout the summer. This gives the clients at Bridge Inn the opportunity that everyone should get - Fun through Cricket!

Bridge Inn provides training and real life work experience in horticulture, agriculture and care of animals. The farm gives people a real working environment to care for friendly animals, grow crops and be part of a great team. Bridge Inn is a fantastic organisation, more information can be found, here:

<https://bridgeinnfarm.org.uk>



OUR PARTNERS

...ARE CRUCIAL TO OUR BEING.

Our Partners enable the club to focus on achieving success both on and off the pitch.

The upkeep of training, playing and changing facilities is costly. Without the support of our partners, it wouldn't be possible for us to facilitate Cricket at the club. We thank you for your support.



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6

MEN'S TEAMS

THE TEAMS

WOMEN'S TEAMS

JUNIOR TEAMS

2

7

You're A .

NORTHERN BY NUMBERS

18

CUP WINNERS

12th

X

PREMIER LEAGUE
HONOURS